

FROM THE GARDEN . . .

|   | small | big   |
|---|-------|-------|
| Soup of the day 🌿   | 6.00  | 9.00  |
| Green Salad 🌿 🥛 🌿 🚫   | 7.00  |       |
| Green salad with local cheese, dried meat 🚫                       | 14.00 | 22.00 |
| Green salad and grilled vegetables, fruits, seeds, cheese 🌿 🚫     | 14.00 | 22.00 |
| Aubergine tartare - rye bread - sweet and sour vegetables 🌿 🥛 🌿 🚫 | 14.00 | 22.00 |
| Homemade vegetable pie with salad 🌿                               |       | 21.00 |
| Chickpeas curry with vegetables and rice 🌿 🥛 🌿 🚫                  | 16.00 | 24.00 |

WE LOVE CRÊPE. . . (🥛 and 🚫 possible)

|  |  |       |
|--|--|-------|
| Crêpe „Sonja“ 🌿<br>Blue cheese, pear, walnut, honey                            |  | 17.00 |
| Crêpe „Louisa“ 🌿<br>Julienne vegetables, herbs, cheese, sour cream             |  | 17.00 |
| Crêpe „Emilia“<br>Ham, herbs, cheese, tomato sauce                             |  | 17.00 |
| Crêpe „Sebastian“<br>Raw ham, aubergine, cheese, ruccola                       |  | 17.00 |
| Crêpe „Arin“ 🌿<br>Hazelnut-chocolate cream or jam or cinnamon & sugar or honey |  | 12.00 |

🌿 vegan, 🥛 lactose free, 🌿 vegetarian, 🚫 gluten free

Origin of meat: Switzerland, origin of eggs: Salzmann poultry farm Naters,

Origin of cheese: Goms, Origin of pasta: Novena Ulrichen

Our prices are in CHF VAT incl.

## FROM THE REGION . . .

|  | small | big   |
|--|-------|-------|
| Local taglierini with tomato sauce or pesto 🌿 (🚫 possible)                       | 12.00 | 18.00 |
| Local taglierini with carbonara sauce (🚫 possible)                               | 14.00 | 22.00 |
| Regional ravioli filled with spinach and ricotta 🌿<br>with pesto or tomato sauce | 16.00 | 24.00 |

## SOMETIMES MEAT IS ALLOWED. . .

|  |       |       |
|--|-------|-------|
| Gloggä Valais plate with house bread (🧀 and 🚫 possible)  | 18.00 | 27.00 |
| Local organic beef tartare - house bread- sweet and sour vegetables 🧀 🚫                                    | 18.00 | 27.00 |
| Roast beef from local bio beef - sour cream -<br>young sautéed potatoes - seasonal vegetables of the day 🚫 |       | 35.00 |
| Local bio beef stew with mashed potatoes<br>daily seasonal vegetables 🚫                                    |       | 32.00 |

## SWEETS . . .

|   |  |       |
|---|--|-------|
| Home-made fruit cake (cream supplement CHF 1.00) 🌿                          |  | 6.00  |
| Parfait with fresh fruits 🚫   |  | 9.00  |
| Seasonal fruit mousse with fresh fruits 🚫                                   |  | 12.00 |
| Homemade lemon balm sorbet 🧀  |  | 3.50  |
| Ice cream balls: chocolate, vanilla, strawberry (cream supplement CHF 1.00) |  | 3.50  |
| small Ginger Panna Cotta with fresh fruits and a coffee 🚫                   |  | 9.00  |

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